

In-Home Addiction Treatment From Aware Recovery Care

LOCAL, INNOVATIVE AND EFFECTIVE TREATMENT, PROVIDED AT HOME, FOR THOSE DIAGNOSED WITH DRUG AND/OR ALCOHOL ADDICTIONS

Anthem Blue Cross and Blue Shield plan members: This program by Aware Recovery Care is open to Anthem members. In New Hampshire, **Aware Recovery Care** brings an innovative and effective program of addiction care to clients throughout the state. A deductible or co-payment may apply, private insurers also accepted*.

Referrals can be made by calling Aware Recovery Care's In-home Addiction Care Referral Line toll-free at 1.844.AWARE.RC.

HOME-BASED TREATMENT – RECOVERY RATES OF OVER 300% BETTER THAN NATIONAL AVERAGE*

Aware Recovery Care's Addiction Recovery Program is an innovative, evidence-based program for those 17 and older suffering with drug and/or alcohol addictions. Extensive research has shown that receiving medical care and monitored support in the home promotes faster recovery, improves outcomes, and increases the patient's overall physical and psychological well-being.

Recovering at home affords the client privacy and comfort.

Aware Recovery Care transforms the home into the "treatment center", delivering our program to those in need, where they live. Privacy and anonymity are respected and dignity preserved as we provide care that is discreet and effective.

Clients can learn and practice real world skills required to maintain abstinence, while remaining amongst family and friends in their community, thereby avoiding the oftentimes difficult return home from a residential treatment stay or sober house.

Aware clients experience the freedom and independence of outpatient care with the intense diagnostic curriculum and accountability of in-patient care. He/she will be introduced to and encouraged to access wellness programs such as yoga, meditation and therapeutic massage, as well as to continue working with their own doctors and therapists, family and friends —many of whom act as their primary caregiver and as key members of the support system. **Our goal is to enrich and develop the support system so that it is maintained far beyond the reach of our program.**

*Anthem Blue Cross Blue Shield report by Dr. Stephen Korn to State of Connecticut Opioid Addiction Symposium, October 14, 2016

AwareRecoveryCare.com



1.844.AwareRC or 603.769.8462
Call us. We can help.

About Aware Recovery Care

The founders and executives of **Aware Recovery Care** are healthcare professionals who, working with addiction specialists, have leveraged their extensive professional experiences to build a ground-breaking, research tested, at-home approach to addiction care. Built on the visiting nurse model, **Aware Recovery Care** provides a multi-disciplinary team for each client. We help our clients learn new skills and daily habits in the comfort and privacy of the communities where they live - skills they must have to lead lives free of alcohol and/or drugs.

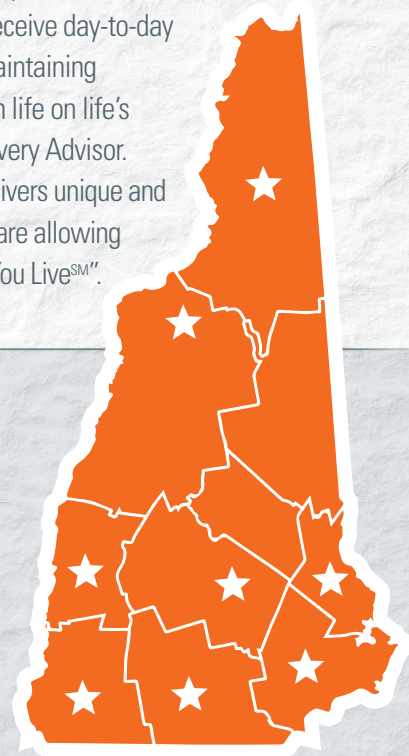
Our unique treatment approach provides comprehensive care from a team of clinicians led by an Addiction Psychiatrist, a Marriage and Family Therapist (LMFT), and a Registered Nurse. Clients receive day-to-day support and guidance on maintaining abstinence and dealing with life on life's terms from a Certified Recovery Advisor.

Aware Recovery Care delivers unique and individualized face-to-face care allowing people to "Recover Where You LiveSM".

We bring the care to you - wherever you live in New Hampshire

Aware Recovery Care Teams are strategically placed throughout the state, and utilize evidence-based-practices to meet the gold standard in effective addiction treatment while maximizing clinical outcomes.

1.844.AwareRC or
603.769.8462
Bedford, New Hampshire
03110



PROGRAM FEATURES

- Intake evaluation and assessment and possible referral for detoxification
- Full evaluation and ongoing case review by an addiction psychiatrist
- Ongoing medical care and oversight by an RN
- Daily recovery guidance and support
- Therapeutic family assessment and ongoing review with a licensed family therapist

- Educational Consultation
- Wellness and life skills coaching

Highly coordinated care of additional services including:

- Coordination with a Licensed Therapist.
- Physical Therapy/Personal Training
- Occupational Therapy/Vocational Skills Training
- Legal assistance

Recovery Through Innovation

These are just some of the technologies our program uses as part of our evidence based curriculum:

Biofeedback

- Builds inner resilience
- Promotes mindfulness
- Eases stress
- Improves perspectives

GPS Monitoring

- (Suggested but Voluntary)*
- Builds trust
- Voluntarily Promotes accountability
- Allows for pattern analysis

SOBERLINK Alcohol Monitoring*

- (Suggested but Voluntary)*
- Discreet and portable
- Promotes accountability
- Relapse is detected quickly

*extra charges apply



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