

City of Portsmouth Active Employee/New Hires Benefit Packet Plan Year 2024

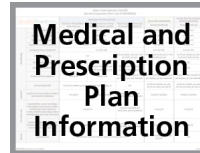
This packet contains links to the documents and forms you need to learn about and enroll in the HealthTrust coverage offered by your employer. To access these materials, click on the orange "Download" buttons below.

BENEFITS



Benefit Education

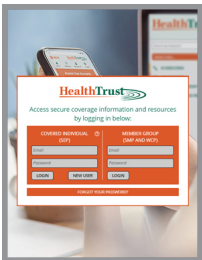
Learn more about the benefit plans, programs and services available through your HealthTrust coverage.



Medical and Prescription Plan Information

Benefit Comparison

Click on this link to learn more about your benefit plan options.



Secure Enrollee Portal (SEP)

Create your account to access benefit resources, digital ID cards, coverage documents, a Secure Message Center, and single sign-on to Anthem, CVS Caremark®, Delta Dental, and more.



Choosing the Best Medical Plan for You and Your Family

Medical Benefits Overview

Make an informed decision for your health coverage! Read this concise guide designed to help you select a medical benefit option.



CVS Caremark Maintenance Choice®

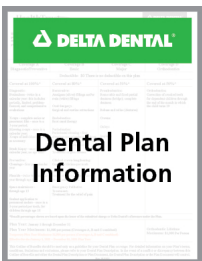
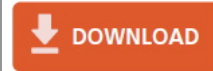
Choose any CVS Pharmacy® or the CVS Caremark Mail Service Pharmacy® to obtain long-term prescriptions (up to a 90-day supply).



See How Easy It Is to Save Money on Vision Care

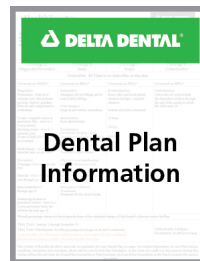
Anthem Vision Discount Flyer

Save up to 30 percent off the retail price of vision care products and services.



Dental Outline of Benefits: OPTION 3F

This Outline of Benefits describes the specific coverage categories and level of benefits provided under your HealthTrust Dental Plan.




Dental Plan Information

Dental Outline of Benefits: OPTION 15C

This Outline of Benefits describes the specific coverage categories and level of benefits provided under your HealthTrust Dental Plan.





**Great Savings –
Up to 35% Off
Eyewear and
40% Off
Hearing Exams!**

Delta Dental Vision and Hearing Discount Flyer
Learn more about how to save money for vision and hearing products and services.




Health through Oral Wellness Registration Process

Delta Dental Health through Oral Wellness (HOW) Flyer
Learn how to take a free oral health assessment to see if you qualify for additional preventive dental benefits through this program.



SUMMARIES OF BENEFITS AND COVERAGES (SBC)

Summary of Benefits and Coverage

AB15/40IPDED(07L)-RX10/20/45/5K(L)
Click on the link to learn more about the specific cost share details for this medical plan offered by your employer.



Summary of Benefits and Coverage

AB20(07L)-RX10/20/45/3K(L)
Click on the link to learn more about the specific cost share details for this medical plan offered by your employer.



ENROLLMENT FORMS

Medical and Dental Fillable Application Form

Medical and Dental Application and Change Form
Use this fillable form to enroll in or change your medical and/or dental coverage.



Fillable Life, LTD and STD Application Form

Life, LTD and STD Application and Change Form
Use this form to enroll in or change your disability and/or life insurance coverage and beneficiary information.



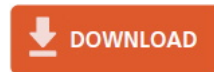
WELL-BEING RESOURCES



Slice of Life Flyer
Get healthy your way and earn rewards! Click on the link to learn about HealthTrust's Slice of Life program.



Included Health
Access expert medical help for complex medical care, including expert second opinions, treatment decision support, referrals to local experts for in-person visits, and more.



Corigen® Medication Safety Program
Discover if the medications you take now – or could take in the future – are right for you.



SmartShopper
Learn and earn with SmartShopper! Shop for medical services online or by phone, choose a cost-effective provider and earn a reward! It's that simple.





Aspire365

This 12-month, in-home treatment program for covered individuals age 12 and older with mental health and substance use disorders provides 24/7 clinical support from a team of specialists.



Aware Recovery Care

For eligible covered individuals age 18 and older with substance use disorders, Aware Recovery Care can provide in-home recovery care from a multidisciplinary team of experts for up to 52 weeks.



InStride Health

This program is available to Covered Individuals ages 7 to 22 with anxiety and/or obsessive compulsive disorder (OCD). Treatment is provided by a team (therapist, psychiatrist, coach), that works within your family's schedule.



LiveHealth Online

See a doctor for non-emergency visits anytime, 24/7, or a behavioral health expert by appointment without leaving the comfort and privacy of your home.



LifeResources

Find the help you need at no cost to you! LifeResources Employee Assistance Program (EAP) offers comprehensive services, resources and support for wide-ranging issues that can impact health.



CVS Caremark® Transform Diabetes Care® Program

Manage your diabetes better with a free blood glucose meter, test strips and lancets, and expert help for staying on track with medications and adopting healthier lifestyle habits.



CVS Caremark Accordant® Specialty Care

This program lets you talk to a nurse anytime, day or night, at no cost to you for help with rare or complex conditions.



Lark DPP Flyer

Prevent prediabetes from progressing! The Lark Diabetes Prevention Program provides support and tools to help you adopt healthier lifestyle habits.



VIDEOS



Learn How to Create Your Secure Online Account

Click the video link to learn how to create your account on the Secure Enrollee Portal and access valuable resources.



SmartShopper

Click the video link to learn how to search for medical services in your area, save money, and earn rewards!

