



2026 Open Enrollment Notice

Your open enrollment period has begun! You are responsible for notifying your employer regarding the events indicated below. **Please contact your Benefits Administrator or Human Resources Department immediately if you:**

- Wish to change benefit plans.
- Have changed your address or phone number.
- Have married, divorced or legally separated.
- Have begun receiving Medicare benefits for yourself or any family member due to a disability.
- Wish to enroll yourself and any eligible family members.
- Wish to enroll or remove a dependent child who is between 19 and 26 years of age.

Please note: Changes become effective July 1, 2026 provided that all forms are received by HealthTrust during June 2026. Your employer may elect a July 1, 2026 or August 1, 2026 effective date for enrollment applications received by HealthTrust during July 2026.

Notice Regarding Primary Care Provider (PCP) or Ob/Gyn Provider Selection

HealthTrust Access Blue New England (HMO) plans generally require the designation of a PCP. You have the right to designate any PCP who is available to accept you or your family members. For Access Blue plans, you may select from any PCP who participates in the Access Blue network throughout the six New England states. For children, you may designate a pediatrician as the PCP. You do not need prior authorization from HealthTrust or Anthem or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a healthcare professional in the Anthem network who specializes in obstetrics or gynecology. The healthcare professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For information on how to select a PCP, and for a list of the participating PCPs and/or healthcare professionals who specialize in obstetrics and/or gynecology, contact Anthem Member Services at the number on the back of your ID card.